**Burns**

- For severe burns call 911 immediately and do not attempt to remove charred clothing
- For minor burns, soak in cold water until the pain stops
- If the burn covers a large area of the body, apply cool wet dressings to that area
- Do not break any blisters
- Once the pain is subdued, apply antibiotic ointment or first aid gel to the area and bandage
- If necessary, seek medical attention for minor burns.
- For chemical burns, flush the affected area with cool water for 15 minutes
- Use the emergency safety shower for large chemical burns or burns on the trunk and limbs of the body
- Remove all contaminated clothing and accessories
- Seek immediate medical assistance
- Control any bleeding, then thoroughly wash the area with soap and water
- Cover with a sterile bandage and seek medical attention

**Animal Bites**

- Control any bleeding, then thoroughly wash the area with soap and water
- Do NOT apply medical ointments to the bite wound
- Cover with a sterile bandage and seek medical attention

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**Important Safety Resources**

**Police, Fire, and Rescue**

Dial 911

**HealthPartners Riverside Clinic**

2220 Riverside Ave
Minneapolis, MN 55454
(952) 883-6999

**HealthPartners Como Clinic**

2500 Como Ave
Saint Paul, MN 55108
(952) 883-6999

**24 Hour Care Line**

(612) 339-3663

www.bohd.umn.edu

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**University of Minnesota**

501 23rd Ave SE
Minneapolis, MN 55455
(612) 626-5008
www.bohd.umn.edu
General Information
- If you need medical assistance during business hours, please go to HealthPartners for treatment.
- Afterhours: Seek medical attention at the University of Minnesota Medical Center – Fairview Hospital.
- For all life threatening emergencies, call 911.
- Report any incidents to your supervisor as soon as possible and fill out the necessary paperwork.

Biohazards and Needlesticks
- Exposure occurs when potentially biohazardous materials make contact with the eyes, nose, mouth, or broken skin.
- For needlesticks and biohazards exposures, flood the area with water, then clean with an antiseptic.
- If splashed in the eye, flush the eyes at the safety eyewash for 15 minutes.
- Seek medical attention immediately.
- If possible, go to HealthPartners or Fairview for care, to ensure you get the proper preventative medication.
- Never recap/reuse needles to minimize your risk of injury.

Chemical Burns
- The best defense against chemical exposure is prevention. Carefully read the MSDS before working with an unfamiliar chemical.
- Symptoms of chemical exposure are headache, dizziness, throat and respiratory irritation, and drowsiness.
- If you are experiencing symptoms, move outdoors or to a well-ventilated area, away from where the suspected exposure occurred.
- Seek medical attention.
- Close any open containers and move them to the fume hood.
- If a chemical spill has occurred, do not attempt to clean it up. Evacuate all personnel from the area, and close the doors the lab.
- Call UMPD at 911 and request AHERPS and an emergency responder from DEHS will assist you.

Chemical Splash to Eyes
- Flush the eyes at the safety eyewash for at least 15 minutes.
- Remove contact lenses, if you are wearing them.
- Seek medical attention.

Minor Cuts
- Wash your hands with soap and water before addressing the wound.
- Cleanse the wound with soap and water, the pat with clean towel to dry.
- Apply antibiotic ointment to the wound and bandage.
- Seek medical attention if necessary.

Severe Cuts and Bleeding
- Call 911.
- Wash your hands with soap and water prior to assisting the victim.
- Put on protective gloves before administering help.
- Keep the victim lying down or sitting.
- With a clean towel or gauze pad, apply direct pressure to the wound.
- If an object is logged into the wound area, do not attempt to remove it.
- If possible, keep the wounded area elevated above the victim’s heart.
- Once the bleeding is controlled, continue to watch the victim for signs of shock.
- Thoroughly wash your hands with soap and water, after removing your gloves.